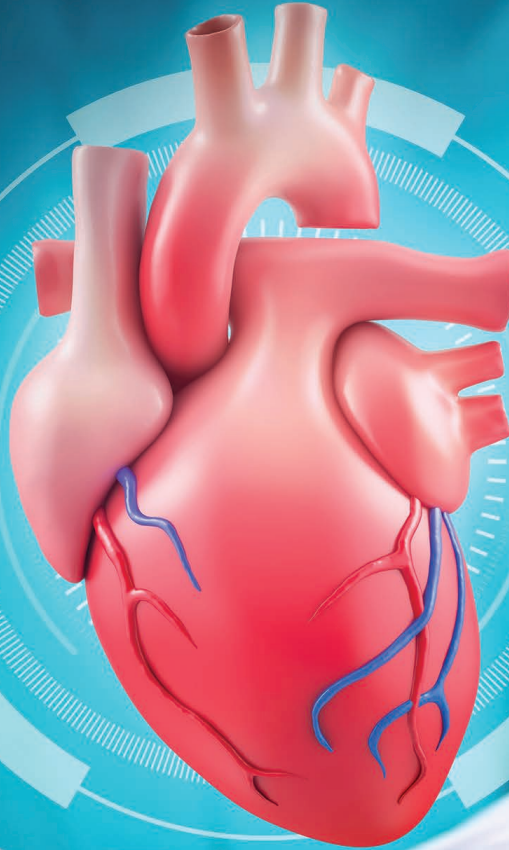


FIFTH ANNUAL
**Arrhythmias and Cardiomyopathy
in Women Symposium**



February 22, 2025

San Diego Marriott · La Jolla, California

Visit www.scripps.org/womencvdcme for conference updates!

Conference Introduction

Conference Overview

The Scripps Arrhythmias and Cardiomyopathy in Women Symposium is designed to increase competence regarding the recognition and management of cardiovascular disease in women. The symposium will explore new and emerging risk factors for women's heart disease while highlighting areas of discrepancy in care management related to gender. Expert faculty will cover a wide range of topics including the diagnosis, management, and state-of-the-art treatment for women afflicted with heart failure, cardiac arrhythmias, and cardiomyopathies. The goal of the activity is to improve outcomes for women with cardiovascular disease and arrhythmias as well as provide educational interventions for both primary and secondary prevention.

Educational Objectives

After attending this live activity, participants should be able to:

- Discuss cardiovascular disease conditions and risk factors which are more common and/or unique to women.
- Identify the varied and atypical presentation of heart disease and arrhythmia in women.
- Analyze the underutilization of guideline-recommended medical and device therapies in women compared to men.
- Assess the cardiovascular risk reduction benefits of newer lipid lowering agents and obesity medications.
- Examine the work up and management of CHF in and the unique risks associated with women.
- Summarize the effects on menopause on cardiovascular risk and the role of hormone replacement therapy.
- Describe management of common cardiovascular conditions in high-risk pregnancies.
- Recognize microvascular disease and endothelial dysfunction as a cause of heart disease and angina in women.
- Recognize the unique cardio-oncologic challenges in breast cancer management and survivors.



Target Audience

- Cardiologists
- Internists
- Primary Care Providers
- OB/GYNs
- PA, NP, RN
- Cardiovascular Techs

Accreditation, Maintenance of Certification and Disclosure

Physicians

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Health designates this live activity for a maximum of 7 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nurses and Nurse Practitioners

For the purpose of recertification, the American Nurses Credentialing Center, American Academy of Nurse Practitioners Certified Program (AANPCP) and the American Association of Nurse Practitioners (AANP) accept *AMA PRA Category 1 Credit(s)*[™] issued by organizations accredited by the ACCME.

Physician Assistants

PAs may claim a maximum of 7 *Category 1* credits for completing this activity. NCCPA accepts *AMA PRA Category 1 Credit(s)*[™] from organizations accredited by the ACCME.

Pharmacists

The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for *AMA PRA Category 1 Credit(s)*[™].

American Board of Internal Medicine (ABIM)

Successful completion of this CME activity, **which includes participation in the evaluation component**, enables the participant to earn up to 7 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Commercial Support

This course is supported, in part, by educational grants from industry. In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, a complete list of commercial support received will be provided to all learners who participate in the continuing education activity. For more information: www.accme.org/standards.



Conference Agenda

Saturday, February 22, 2025

6:45 a.m. Registration, Breakfast & View Exhibits

7:55 a.m. **Welcome & Educational Overview**

8 a.m. **Arrhythmia & Palpitations in Women**
Poulina Uddin, MD

8:30 a.m. **Congestive Heart Failure in Women**
Michelle Kittleson, MD

9 a.m. **Cardiometabolic Health in Women**
Martha Gulati, MD

9:30 a.m. Break & View Exhibits

10 a.m. **Spontaneous Coronary Artery Dissection**
Esther S.H. Kim, MD

10:30 a.m. **Finding an Answer for ANOCA & Minoca:
This is the Way!**
Matthew Price, MD

11 a.m. **Sex, Strokes, and Afib**
Annabelle Santos Volgman, MD

11:30 a.m. **Q&A/Panel Discussion**

Noon Lunch

1 p.m. **Gender Disparities in ICD
& Cardiac Resynchronization Therapy**
John Rogers, MD

1:30 p.m. **Menopause, Hormone Therapy,
and the Heart**
Cynthia Stuenkel, MD

2 p.m. **Takotsubo & Vasospasm**
Namee Kim, MD

2:30 p.m. Break & View Exhibits

3 p.m. **Pregnancy and Cardiovascular Disease:
The Role of Cardio-Obstetrics**
Arij Faksh, DO & Poulina Uddin, MD

3:30 p.m. **Breast Cancer and Cardiomyopathy**
Rajeev Mohan, MD

4 p.m. **Lipid and HTN Management:
A Practical Guide**
Christina Adams, MD

4:30 p.m. **Case Presentations:
Lipids & Cardio-Obstetrics**
Kevin Kilmurray, PA & Eson Ekpo, MD

5 p.m. Adjourn

Topics, times and speakers are subject to change

Conference Location & Hotel Information

San Diego Marriott La Jolla

4240 La Jolla Village Drive
La Jolla, California 92037
Reservations: 800-228-9290

Rates and Reservations

Make your reservations early! A block of rooms is being held for us at the special rate of \$209 per night (plus tax and parking) **until January 31, 2025 or until the room block fills, whichever comes first.** After this date, reservations will be accepted on a space and rate availability basis only. [Visit the conference website for a link to reserve a discounted room.](#)

Please note: Attendees who book their room through an online third-party service (Hotels.com®, Expedia.com®, Priceline.com®, etc.) are not eligible to receive the amenities listed above.



Register Online

www.scripps.org/womencvdcme

Conference Fees & Registration

Space is limited, so register early!

In-Person Included: Course tuition, breakfast, breaks, lunch, internet access, electronic course materials, and course recordings

Not Included: Travel costs, lodging, parking, and dinners

	Thru Jan 14	Jan 15–Feb 19	After Feb 19
Physicians (MD, DO, MBBS)	\$325	\$375	\$425
RN, NP, PA, Other	\$250	\$300	\$350
Scripps Physicians*	\$275	\$325	\$375
Scripps RN, NP, PA, Others*	\$200	\$250	\$300
Students, Residents, Fellows**	\$125	\$175	\$225

*Must use a valid scripps email address at registration.

**To receive the student, resident, fellow registration discount, please email or call Scripps CME and provide proof of your status.

Scan here for conference changes, updates and additions!



Attendance Policies

Attendee Cancellation, Substitution and Refund

The course tuition is refundable, minus a \$100 processing fee (MD, DO, RN, PA, NP) or a \$50 processing fee (Fellow, Resident, Student), if your cancellation is received in writing no later than **Friday, February 7, 2025**. Attendee substitutions are allowed, but notification must be made in writing by **Friday, February 7, 2025**. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to “no shows.”

Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course’s schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. Attendees who purchase non-refundable airline tickets do so at their own risk. Scripps encourages the purchase of travel insurance as we are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation. No refunds shall be made for cancellations due to inclement weather.



Family and Guest Attendance Policy

All conference activities and meals are exclusively reserved for paid conference attendees. Children and family members are not allowed to attend meal functions or permitted in the meeting space.

Health and Safety Waiver and Assumption of Risk

By completion and submission of the online registration form, participants certify they have read and fully understand the Health and Safety Waiver and Assumption of Risk Agreement.

Recording and Photography Clause

Scripps reserves exclusive rights to record (audio and video) and/or photograph all conference proceedings for use in marketing materials, presentations and course content sales.

Faculty

Course Director



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Conference Planning Committee



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Namee Kim, MD
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Medical Director, Rush Heart Center for Women
Vice Chief for Academic Affairs, Division of Cardiology
Governor, American College of Cardiology of Illinois
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Faculty Disclosure

In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, course directors, planners, moderators, faculty, and all others in control of the educational content of the continuing education activity must disclose all financial relationships with ineligible companies that they may have had within the past 24 months. If an individual refuses to disclose financial relationships, they will be disqualified from being a part of the planning and implementation of the activity. Owners and/or employees of an ineligible company with business lines or products relating to the content of the activity will not be permitted to participate in the planning or execution of any accredited program. All relevant financial relationships with ineligible companies listed for individuals in control of content have been mitigated.

A complete listing of faculty disclosures associated with this program can be found on the conference website:

www.scripps.org/womencvdcme.



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