

Cardiovascular Atherosclerosis: Prediction, Prevention and Management

May 17, 2025 · San Diego Marriott · La Jolla, California



Visit www.scripps.org/atherosclerosiscme for conference updates!

Course Introduction

Conference Overview

Despite notable advances in management, atherosclerotic cardiovascular disease (ASCVD) and its major clinical manifestations remains a leading cause of both morbidity and mortality worldwide. In the United States alone, ASCVD is the leading cause of death in most racial and ethnic populations and is estimated to cost more than \$200 billion per year due to medications, healthcare service utilization, and productivity losses. Many of these human and economic costs are largely attributable to poor implementation of prevention strategies in adults and failure to control ASCVD risk factors using available medications and lifestyle interventions. The Scripps Cardiovascular Atherosclerosis conference is designed to assist clinicians in the prevention, diagnosis, treatment, and ongoing management of ASCVD among patients in their clinical practices, as well as to promote increased awareness of prudent lifestyle and dietary choices to improve patient outcomes.

Educational Objectives

After attending this live activity, participants should be able to:

- Identify effective treatments, including lifestyle modifications, for managing atherosclerotic cardiovascular disease (ASCVD).
- Evaluate current guideline-directed medical therapy (GDMT) options and emerging strategies for managing cardiovascular disease.
- Identify the unique risk factors, symptoms, and treatment considerations associated with cardiovascular disease in women.
- Describe novel treatment approaches and assess the role of renal denervation in the management of treatment-resistant hypertension.
- Incorporate evidence-based practices in clinical settings for diagnosing, managing, and treating peripheral artery disease.

Target Audience

- Cardiologists
- Endocrinologists
- Internists
- General Practitioners
- Nurses, Nurse Practitioners, Physician Assistants

Accreditation, Maintenance of Certification and Disclosure

Physicians

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Health designates this live activity for a maximum of **7 AMA PRA Category 1 Credit(s)**[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nurses and Nurse Practitioners

For the purpose of recertification, the American Nurses Credentialing Center, American Academy of Nurse Practitioners Certified Program (AANPCP) and the American Association of Nurse Practitioners (AANP) accept **AMA PRA Category 1 Credit(s)**[™] issued by organizations accredited by the ACCME.

Physician Assistants

PAs may claim a maximum of 7 Category 1 credits for completing this activity. NCCPA accepts **AMA PRA Category 1 Credit(s)**[™] from organizations accredited by the ACCME.

Pharmacists

The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for **AMA PRA Category 1 Credit(s)**[™].

American Board of Internal Medicine (ABIM)

Successful completion of this CME activity, **which includes participation in the evaluation component**, enables the participant to earn up to 7 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

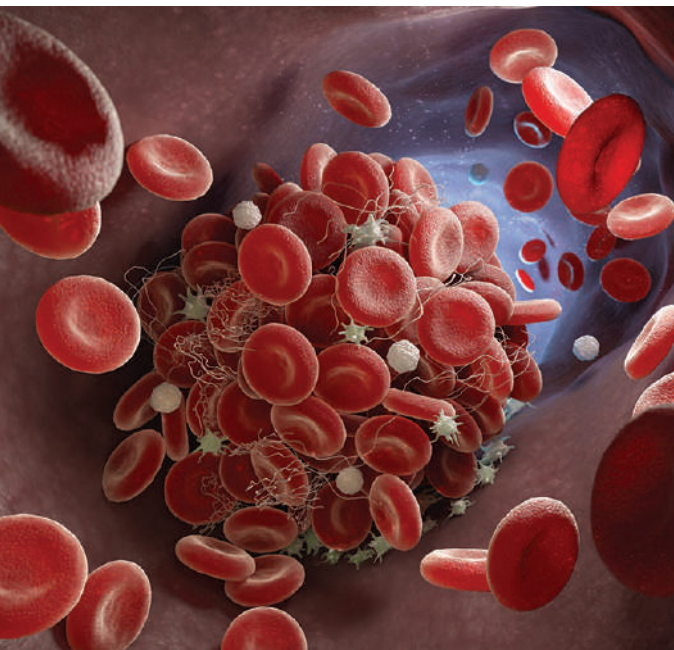
American Board of Pathology (ABPATH)

Successful completion of this CME activity enables the learner to earn 7 Lifelong Learning (CME) credit toward the CME requirement(s) of the American Board of Pathology's Continuing Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP credit.

Commercial Support

This course is supported, in part, by educational grants from industry. In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, a complete list of commercial support received will be provided to all learners who participate in the continuing education activity. For more information:

www.accme.org/standards.



Course Directors

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Christopher Suhar, MD

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Conference Faculty

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Faculty Disclosure

In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, course directors, planners, moderators, faculty, and all others in control of the educational content of the continuing education activity must disclose all financial relationships with ineligible companies that they may have had within the past 24 months. If an individual refuses to disclose financial relationships, they will be disqualified from being a part of the planning and implementation of the activity. Owners and/or employees of an ineligible company with business lines or products relating to the content of the activity will not be permitted to participate in the planning or execution of any accredited program. All relevant financial relationships with ineligible companies listed for individuals in control of content have been mitigated.

A complete listing of faculty disclosures associated with this program can be found on the conference website: www.scripps.org/atherosclerosisacme.

Conference Agenda

Saturday, May 17, 2025

- 7 a.m. Registration, Breakfast & View Exhibits
- 7:55 a.m. **Welcome & Introductions**
David Cork, MD and Christopher Suhar, MD
- 8 a.m. **LDL-Cholesterol: Ideal Targets. How Low is too Low?**
Nicholas Marston, MD
- 8:30 a.m. **Non-Statin Therapies: Deep Dive**
Pam Taub, MD
- 9 a.m. **Cardiometabolic Health: The Risk of Obesity and Pharmacotherapy Review**
Lauren Vincent, MD
- 9:30 a.m. **Panel Discussion/Q&A**
- 9:45 a.m. Break & View Exhibits
- 10:15 a.m. **Resistant Hypertension Management: Current and Future Pharmacotherapies and Renal Denervation**
David Cork, MD
- 10:45 a.m. **Diagnostic Testing for Obstructive CAD: Which Modality to Choose?**
Matthew Budoff, MD
- 11:15 a.m. **Cardiovascular Disease in Women: An Update**
Martha Gulati, MD
- 11:45 a.m. **Panel Discussion/Q&A**
- Noon Lunch
- 1 p.m. **Atrial Fibrillation Management: Introducing Pulsed Field Ablation**
Nicholas Olson, MD
- 1:30 p.m. **Atrial Fibrillation Management: Anticoagulation or Left Atrial Appendage Occlusion?**
Douglas Gibson, MD
- 2 p.m. **Diet and Exercise: Counsel Your Patients More Effectively**
Christopher Suhar, MD
- 2:30 p.m. **Panel Discussion/Q&A**
- 2:45 p.m. Break & View Exhibits
- 3 p.m. **The Best Biomarkers to Assess Atherosclerotic Risk**
P. Barton Duell, MD
- 3:30 p.m. **Peripheral Artery Disease Update**
Curtiss Stinis, MD
- 4 p.m. **Diagnostic Evaluation and Management of Coronary Vasospasm and Endothelial Dysfunction**
Matthew Price, MD
- 4:30 p.m. **Panel Discussion/Q&A**
- 4:45 p.m. Adjourn
- Topics, times, and speakers are subject to change.**



Registration

Conference Location & Hotel Information

San Diego Marriott La Jolla

4240 La Jolla Village Drive · La Jolla, California 92037 · Reservations: 800-228-9290 · *Discounted Rooms Available*

Rates and Reservations

Please make your own hotel reservations and request the Scripps conference reduced rate of \$219 per night (plus tax).

This low rate also includes:

- Discounted daily and overnight self-parking
- Complimentary use of the fitness center
- Complimentary guestroom internet service
- Complimentary resort fee

Space is limited, so register early! A block of rooms is being held for us at the special rate of \$219 per night **until April 25, 2025 or until the room block fills, whichever comes first.** After this date, reservations will be accepted on a space and rate availability basis only. Be sure to mention that you are attending the Cardiovascular Atherosclerosis conference when making your reservations to receive the reduced rate.

Please note: Attendees who book their room through an online, third-party service (Hotels.com®, Expedia.com®, Priceline.com®, etc.) are not eligible to receive the amenities listed above.



REGISTER ONLINE: www.scripps.org/atherosclerosiscme

Included: Course tuition, breakfast, breaks, lunch, internet access, electronic course materials, and course recordings

Not Included: Travel costs, lodging, parking, dinner

	Thru Apr 8	Apr 9–May 14	After May 14
Physicians (MD, DO, MBBS)	\$325	\$375	\$425
RN, NP, PA, Other	\$250	\$300	\$350
Scripps Physicians*	\$275	\$325	\$375
Scripps RN, NP, PA, Others*	\$200	\$250	\$300
Students, Residents, Fellows**	\$125	\$175	\$225

*Must use a valid Scripps email address at registration.

**To receive the student, resident, fellow registration discount, please email or call Scripps CME and provide proof of your status.

Attendance Policies

Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a \$100 processing fee (MD, DO, RN, PA, NP) or a \$50 processing fee (Students, Residents, Fellows), if your cancellation is received in writing no later than **Friday, May 2, 2025.** Attendee substitutions are allowed, but notification must be made in writing by **Friday, May 2, 2025.** After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to “no shows.” No refunds shall be made for cancellations due to inclement weather.

Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. Attendees who purchase non-refundable airline tickets do so at their own risk. Scripps encourages the purchase of travel insurance as we are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

Family and Guest Attendance Policy

All conference activities and meals are exclusively reserved for paid conference attendees. Children and family members are not allowed to attend meal functions or permitted in the meeting space.

Health and Safety Waiver and Assumption of Risk

By completion and submission of the online registration form, participants certify they have read and fully understand the Health and Safety Waiver and Assumption of Risk Agreement.

Recording and Photography Clause

Scripps reserves exclusive rights to record (audio and video) and/or photograph all conference proceedings for use in marketing materials, presentations and course content sales.



Scripps Conference Services & CME

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