

2009 Nurse of the Year Luncheon

A celebration exploring the
concept of caring through
poetic transcription

May 8, 2009



Scripps Mercy Hospital

Poetic Transcription

- A novel form of qualitative nursing research used to explore the human condition using poetry.
- Poetry often lends to a greater insight and may strike a more spiritual cord than prose.
- The exemplars written about our NOY candidates were transformed by poets into poetry in this IRB approved nursing study

Goals

Explore caring behaviors through poetry

Teach nurses about Sr. Simone Roach's caring model through the living example of our caring nurses

Many forms of poetry

– Tanka, Cinquin, Limerick, etc.

Sr. Simone Roach's Caring Model

Confidence
Conscience
Compassion
Competence
Commitment
Comportment

Listen for these messages through the poetry
We hope that the model can come alive by linking
the attributes to a real nurse you know

Kristine Simon

Trauma - SD



Continuous efforts to assure and ease patients' pain
Is Krissy Simon, trauma nurse's claim to fame.
She stays by her patients and provides great care.
She keeps families informed and when in need, she's right
there.

Her strong suit is excellent nursing skills.
Whether doctor or peer, when she's beside them they're
thrilled.

Critically ill, seriously injured, she knows what is needed.
Her judgment is excellent, her energy unending.

The strength of her knowledge, the depth of her skills
Foster the trust of her patients, their families, and her peers.
She takes on extra assignments and paper work too.
She helps other departments when her own work is through.

Her manner is professional in all interactions.
She ensures "best practice" through validating and
collaboration.
She does what she says and lives out the mission
And the vision of Mercy Hospital and the Scripps Health
System.

Theresa Frank

Emergency Department - SD



Child crying. Woman frightened.
Man in pain. Soothing presence.
Theresa's there.

ED's crazy. Medics waiting.
Every bed's full. Calm direction.
Theresa's there.

Death is stalking. Fight for life raging.
Skilled provider, advocate, comforter.
Theresa's there.

New nurse wide-eyed. Scared, Uncertain.
Wealth of knowledge.
Theresa's there.

Boisterous laughter, Kind redirection
Skilled instruction, leadership, support.
Theresa's there.

Night is over. Calm has returned.
Work completed. All is in order.
Theresa was there.

Tracy Worthington

ICU - SD



Advancing from CNA, LVN, and RN to BSN, she is a life-long learner.

Offering **compassion** to disheartened and fearful families, she is a listener.

Achieving **competence** CCRN, Charge Nurse and ACLS, she is an instructor.

Functioning **conscientiously** in a crisis, integral to the RRT, she is an overseer.

Portraying **confidence** in a quietly effective demeanor, she is a mentor.

Demonstrating **commitment** to the Mercy mission & profession, she is an owner.

Possessing **compartment** in dress, language and conduct, she is a nurse leader.

She is ...**Tracy Worthington**, Critical Care Services Nurse of the year, an exemplar.

Fe Mortel

Ambulatory Surgery Center - SD



Montika Stilwell

11th Floor - SD



Graduating with a B.A. in education,
She prepared Indochinese for their American destination.

She began her call for a nursing vocation,
As Service Partner at this location.

Advanced to the Technical Partner role,
She sought more knowledge to achieve her goal.

Presently an RN seeking a bachelor's degree,
She is an honor student emulating Sr. Simone's C's.

The first Mercy Nurse passing the Progressive Care Test,
Proving once again that she is the *best of the best*.

Peers claim she is the epitome of what is right,
She's a nursing star whose illumination is bright.

Autumn Houston

5th & 7th Floors - SD



Alyson Taylor

Float Pool - SD



A nurse who floats all around,
Since her clinical skills are sound.

A role model for all 6 Cs,
Placing patient's minds at ease.

Charges compliment her organization,
Families appreciate her dedication.

A treasured professional from the pool,
Alyson Taylor, RN, is a valued jewel.

Josephine de Guzman

6th Floor - SD



Inspired by caring
Her childhood dreams of nursing
Bloom in the hard work
Of her compassionate calling.
She helps restore health
worldwide.

Renaë Kuhlman

Behavioral Health Inpatient - SD



Her calming presence
Inspires all those in her care,
Fledgling nurses, and
Patients striving for the light.
She listens, and is trusted.

Virgil Celestino

10th Floor - SD



His humor and heart
For the people around him
Eases worry, pain.
Those at Mercy and abroad
Flourish in his caring hands.

Sarah Brown

Behavioral Health Outpatient - SD



An advocate for patients,
And a role model of calm.

Her heartening words
Given to those most in need
Foster worth and hope.

Stacey Schultz

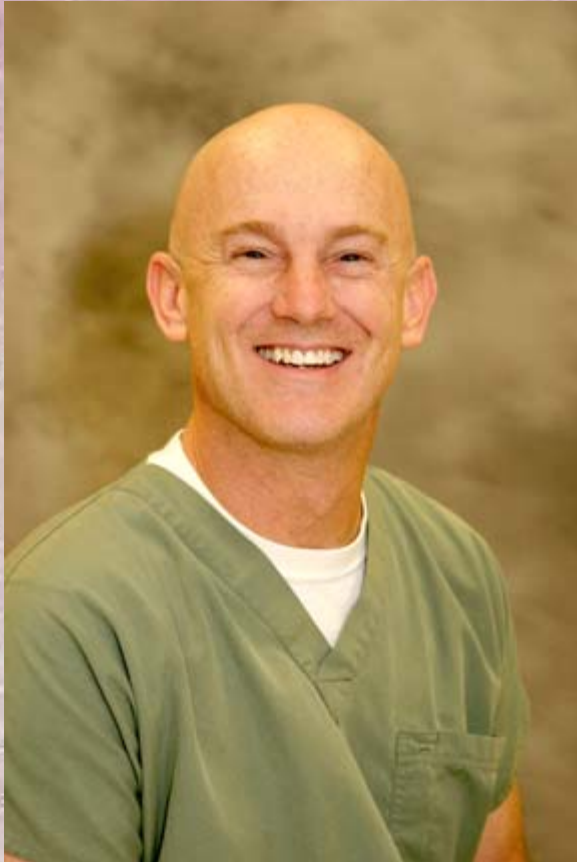
Main OR - SD



Service to others
In community outreach
And in our OR:
She rises to the challenge
Leading with a gentle heart.

George Thomas Wright

Endoscopy - SD



This gentle-man effortlessly blends technical skills and compassion into a caring bedside manner.

His experience a baker's dozen of years served in intermediate care to endoscopy.

Friendly and competent forthright and honest, a recipe producing high regard of patients and co-workers alike.

Jacqueline Ann Wohadlo

PACU - SD



A charismatic leader Jacqueline demands the best of herself; by her example, raises the bar inspiring the team to excel.

A teacher and guide to those new to the PACU, Her ICU background provides a wellspring of skills to share.

Joy Castano, Preop/ PIU/ ASC/ PACU - SD



Joy
Hard working
Sound reasoning
Impeccable character

Her broad smile
Serves to establish rapport
Communicating with words
and actions
To nurture those in need.

Aurelia Barona

8th Floor - SD



This wise woman
Serves to resource others.
A teacher among nurses.
Her smile and kind words
Smooth the way
With even the most
intractable.

Donna Kearns

Radiology - SD



Donna, swiftly and with skill
Responds to their discomfort
Talented in soothing fears of the MRI.

Her attention to detail
Serves as a backdrop
For advocacy.

Shunning untried methods
Screening orders for accuracy
Ensuring they receive optimal care.

Professional
In demeanor.
A vision of competence.

Kristen Stringer

Family Birth Unit - SD



- C**ompassion during a loss
- C**ompetence gained through continued learning
- C**onfidence fostered through ongoing collaboration
- C**onscience to advocate
- C**ommitment to help others
- C**omportment defines professionalism

Cindy Gow

Labor & Delivery - SD



Birthing a child is a virtue
The most beautiful gift from above.
Memories are cherished forever
In a mother's blissful heart
She may forget her discomfort
While laboring the child
But she never forgets the kindness
And tender loving hands
Of the nurse who cared and looked
after her
In this most glorious time.

Janice Juan

Emergency Department - CV



It happened so quickly while driving
I can't remember my name.
I see many lights staring at me
I hear beeps and mechanical noises.

A feeling of fear surrounds me.
My heart speeds it's tempo.
I want to yell but I can't.
I want to move and I am stone.
I thought "My God am I dying, or
Is this a terrible nightmare?"

Then suddenly I feel a peace within me.
A gentle human touch on my chest.
A voice so soft and kindly
Revives my heart and soul.
I now feel a sense of security
Because of that one nurse who saw what I
needed.
And with her kindness restored me

Ester Sarabosing

Surgery SPA - CV



Great humility filled me
When I first set eyes on my patient
He seemed troubled and tense
He handed me a paper with trembling
hands
I knew this was not easy for him
I paused for a moment to gather my
thoughts
I knew from experience just how to
make certain
That I was gentle as I cared for him
with confidence
In the end he smiled at me and I
knew in my heart
That he was thankful that I calmed his
fears

Lynn Willis

Maternal Child Health - CV



**You held my hand,
When I needed someone to hold me.**

**Your voice I heard,
When I needed someone to calm me.**

**When all eyes were judging me
You treated me with dignity and respect.**

**You held my hand tightly
When I needed your strength.**

**Your heart touched my soul
When I felt so alone**

**You saw what I needed
And helped me pull through.**

**You were an inspiration
as I watched the magic you created.**

Trudy Connor

Radiology - CV



The best for each patient is Trudy Connor's passion
And they know they are cared for with each interaction.

Her passion for excellence is her motivation
She demonstrates this through her skill and dedication.

Her extensive knowledge she shares with the staff.
She is trusted by colleagues & physicians - current and past.

Her positive attitude supports staff through each challenge.
Her confidence fosters positive relationships and teamwork.
She pursues the "right thing at the right time" endlessly,

Evidence of her advocacy for patients and her integrity.
Her professional demeanor, her calmness and strength,
Foster positive relationships and helps the team work in sync.

Trudy's an excellent example of Sister Simone's C's,
And valuable asset to CV Radiology.

Cecile Agustin

Telemetry - CV



There's a wonderful nurse named Cecile
Who works tele at CV with zeal.
Her compassionate care
And her listening ear
Makes her patients' stay seem quite surreal.

Whether in charge, at a code, or on rounds
Her skills and her judgment are sound.
She inspires each one
To "get the job done"
With light spirit and smiles all around.

Cecille's high energy levels are amazing.
Her positive attitude and communication's motivating.
She solves problems with ease,
In clinical skills - expertise,
She fosters trust in patients, families, and those she's leading

Known as an advocate for patients and their safety,
She intervenes and strives to achieve ratio staffing.
A good rapport with MDs
She advocates for patient needs
She embodies commitment to her work and to quality.

Her professional manner is well organized and respectful.
She supports staff, registry, and floats so they're successful
Her stature is calming
Her jovial nature, disarming
Her nurturing promotes excellence and commitment in others.

Evangeline Fang

2nd Floor Surgical Acute - CV



Thirty years of nursing
A fountain of knowledge
Wealth of wisdom
Given to others

Care for the individual
Updates for the family
Calm for fear and anxiety
Empowerment for patients

Highly professional
Always busy
Calm under fire
Respect for all.

Her best for others
Solution focused
Team oriented
Protector of patient rights.

Pain - a hand held
Discomfort - a back rub
Help - without being asked
Duty - above and beyond

Lynn Edwards

Special Care Nursery - SD



When a baby is born unhealthy
Whole families are emotionally ill.

There are many in need of
compassion,
So many with hearts to heal.

Yet it only takes one person.
One nurse with love and concern

To care not only for baby
But to strengthen hearts and souls

Greg Knight

ICU - CV





Greg Knight

ICU - CV

Care delivered in a respectful, understanding way.
Empathetic and sensitive to the needs of the patient and family
Concern and compassion which continues even when no longer his patient.

Clinical knowledge and critical thinking used to improve patient outcomes
Uses specialized knowledge (CCRN) to provide evidence based care.
Teaches importance of core measures and quality standards

Provides training for others as a preceptor and teacher.
Collaborates with MD's and advocates for patients to ensure highest level of care
Works with family to communicate information about patient history to healthcare team.

Fosters trusting relationships with patient and families through communication.
Gives explanations in ways the patient and families can understand
Includes family and patient in planning patient care

Involved in Lifesharing and Organ donations
Bridges the gap between Medicine and End of Life care through education.
Co-chair of Collaborative Practice Council indicates commitment to quality patient care.

Provides high quality care for complex, weak and decompensated patients in the ICU.
Practices with individual integrity and sound ethical principles
A strong patient advocate

Acknowledgements

- Thank you to our research poets:
 - Lori Burnell
 - Liz Devin
 - Cynde VanWyk
 - Mary Virgen
 - Marilyn Rubin
 - Judy Davidson
- Thank you to our 2009 nurse of the year candidates for allowing us to teach caring principles through their living example