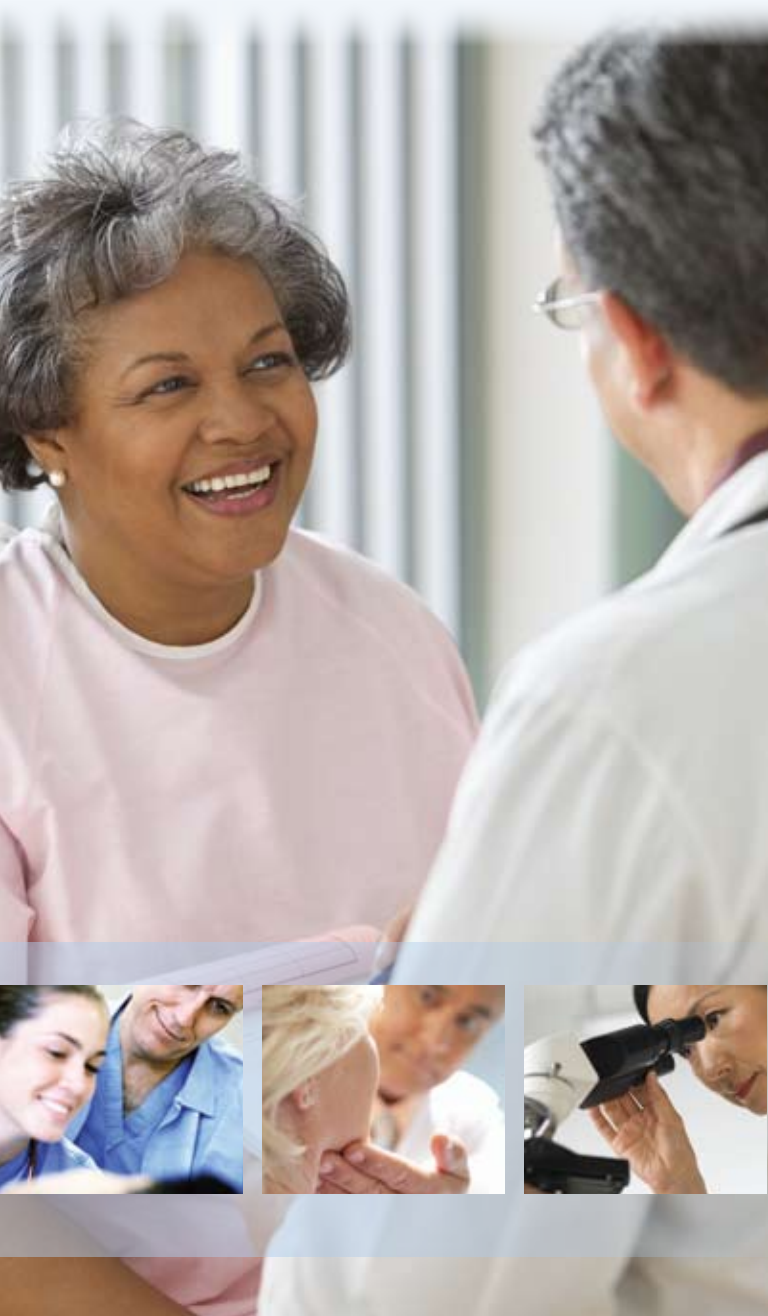


*Clinical Research Leads
to Superior Patient Care*





What is a clinical trial?

Clinical study. Clinical trial. Clinical protocol.

They all mean the same thing – a scientific study of how a new medicine or treatment works in people. Through clinical studies, doctors find new and better ways to prevent, detect, diagnose, control and treat illnesses.

A clinical trial is a research study performed by medical professionals to evaluate new treatments. Each new treatment is first studied in the laboratory to determine if it shows promise for patients who have a certain disease. Once a new treatment has shown promise in the lab, patients are asked to help test the treatment in a clinical trial. The new treatment must be proven safe and effective in clinical trials. Only then will the Food & Drug Administration (FDA) approve it for general use.



Why do people decide to participate?

There are many reasons to participate in a research study. Many people volunteer to receive leading-edge treatments not yet available to the general public. Some might benefit from the free, general medical care that comes with participation.

Others want to feel they are contributing to the advancement of modern medicine and the benefit to humankind. Whatever the reason, volunteers participating in clinical research are the driving force behind the medical advances that improve, heal and transform so many lives.

Why you can feel safe at Scripps

As in everything we do, Scripps' main concern in clinical trials is to provide patients with the highest quality of health services in a safe and caring environment. For more than 75 years, Scripps has successfully completed thousands of clinical trials.

We are a recognized leader in clinical research, have long been at the forefront of numerous medical breakthroughs, and protect and closely monitor our research patients throughout the entire clinical trial process.

Additionally, all research using new treatments is reviewed by the Scripps Institutional Review Board (IRB). The IRB approves and monitors all clinical trials to ensure adherence to federal regulations and the research protocol. This board is comprised of physicians, nurses and scientists, as well as non-scientific members, including

ethicists, clergy and psychologists. Board members are drawn from both inside and outside the Scripps network of experts, and it operates independently of other committees or governing bodies within the institution.

What else do I need to know about clinical trials?

Joining a clinical trial is always voluntary. Informed consent to participate must be based on the volunteer's understanding of what is involved in the study, including potential risks and benefits. Volunteers may leave a study at any time.

We want patients to make an informed decision before participating in a clinical trial. Interested patients will be provided with important information about the research and are encouraged to ask questions. You should only join a clinical trial if you feel you have enough information about the possible risks and benefits involved.

What types of studies are available?

The availability of potential new treatments through participation in a clinical trial is one of the benefits of receiving health care at Scripps. We currently have more than 250 studies in various therapeutic areas, including, but not limited to:

- Cardiovascular Disease
- Dermatology
- Endocrinology and Diabetes
- Family Practice
- Gastroenterology/
Hepatology
- Nephrology
- Neurology
- Neurosurgery
- Oncology
- Ophthalmology
- Orthopedics
- Pulmonology
- Sleep Disorders
- Transplant Medicine
- Trauma
- Weight Loss and Obesity
- Women's Health

At Scripps, we are strongly committed to providing patients with the latest advances in medicine and superior health care services, in a supportive, caring environment. Clinical research helps us accomplish this by bringing state-of-the-art treatments to our patients sooner and by advancing the practice of medicine by way of breakthroughs developed as a result of research.

Research generates knowledge.

Education communicates knowledge.

The result is superior patient care.





How do I join a clinical trial?

If you are interested in learning more about how our clinical trials might benefit you, ask your doctor for more information, or contact:

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Suite 200

La Jolla, California 92037-1030

Phone: 800-995-4200

Fax: 858-652-5404

Web site: www.scripps.org/clinicalresearch

E-mail: clinicalresearch@scrippshealth.org

